



COMMUNITY ENRICHMENT FITNESS NETWORK: Spring/Summer 2025

THANK YOU FOR YOUR PLATINUM
SPONSORSHIP:

PATRIOT HOME CARE /
CARE RING HEALTH



*Malcolm Hill, comedian host,
seen partying with our attendees*



CEFN's Volunteers

CEFN's 10th Annual Senior Gala: A Dress to Impress-Fest!

Greetings, CEFN's wonderful and precious friends and supporters! I trust that you are enjoying this beautiful spring weather. I am happy to report that CEFN's first fundraiser of the year, the 10th Annual Senior Gala, was a smashing success! We are pleased to announce that we had another sold-out event with over 600 older adults in attendance. Due to the success of this amazing Senior Gala Fundraiser, I am also pleased to announce that we reserved 60 tables for CEFN's 5th Annual Senior Harvest Ball Fundraiser. Due to an overwhelming response to attend this fundraiser, we are currently looking at other venue options that could accommodate more attendees. If anyone has any suggestions, please contact me at 215-858-4957, email us at cefnphila@gmail.com, or visit www.cefn.org.

Unlike CEFN's annual spring Senior Gala Fundraiser, CEFN's fall Senior Harvest Ball is slightly different. It is a formal event and the theme of the event will be an Old School Basement Party. Please feel free to dress in all-black attire. As always, CEFN will have a delicious catered meal, live entertainment, dancing, a DJ, an MC, health and wellness vendors, raffle prizes, giveaways, and a special feature—the crowning of the Belle of the Ball and the Lord Harvest. The main criteria for selecting the Belle of the Ball and the Lord Harvest are that contestants should be leaders in their community, have a positive outlook on life despite overcoming major adversities, and inspire others. Ms. Arnita Williams and Mr. Darius L. Berry were the Belle of the Ball and the Lord Harvest in 2024, and they will pass their crowns to the contestants for 2025. Please see the flyer on page 4 for more information about the event.

"Excellent" was the typical response from our precious older adults who attended the Senior Gala Fundraiser on April 4th. For more details and photos from the event, please see pages 2 and 3.

CEFN is also happy to announce the relaunching of its Get Fit and Healthy Eating Program in late spring. Please share this information with your senior center, senior church ministry, and senior affordable housing. For more information, contact me at 215-858-4957. In addition, we would like for you to save the date for CEFN's 5th Annual Senior Harvest Ball on October 24th, 2025. As most of you know, due to my illness, we are working on developing a new software for purchasing tickets that will be more accessible to everyone who applies for the event. More details about this event and the ticketing software will follow soon.

CEFN thanks all of our sponsors, vendors, and community partners—without their financial support, this fundraiser would not be possible! We would also like to extend another thank you to our Platinum Sponsor, Patriot Home Care/ CareRing Health. Special thanks to our new and returning volunteers and interns who are committed and dedicated to helping make the fundraiser a huge success! Finally, we would like to extend a special thanks to our photographer Dawn Parsons and videographer Heather Vail for their outstanding photos and video clips. To view the photos and video clips from the Senior Gala, please visit CEFN's website, www.cefn.org.

We look forward to seeing your face in the place on Friday, October 24th, and enjoy the rest of your day!
Peace and Blessings,

Sherry Hill
Executive Director at CEFN

A Mid-Dance Action Shot from our Mardi Gras Gala!

Marilyn Cornell, showing our seniors the New Orleans Line Dance

Every attendee got on the floor for the Boots on the Ground line dance



CEFN's 10th Annual Senior Gala: A Look Back

CEFN, in partnership with valuable sponsors/vendors, hosted a lovely and spectacular 10th Annual Senior Gala Fundraiser on Friday, April 4th, 2025. Over 600 seniors joined us for this exhilarating event, which was held at the Hilton Hotel on City Avenue in Philadelphia, PA. According to the attendees' evaluations, an overwhelming majority rated the event "Excellent" and a majority of the other evaluations rated it as "Good" along with the Vendor Evaluations all giving unanimous praise. The attendees especially loved the socialization at the event along with the music and dancing, and many attendees said that they met a new person at the event.

The live entertainment was breathtaking. Thanks to DJ Chris Burton, host and comedian Malcolm Hill, dance instructor Marilynne Cornell, and the Philadelphia All-Star Band led by Mr. Darien Ebo, we were able to give our precious older adults an afternoon of fantastic performances that was unforgettable. DJ Chris did an excellent job providing lively music to the event. Malcolm Hill provided hilarious and upbeat commentary. Marilynne Cornell gave a lively and energetic dance demonstration. And lastly, Mr. Darien Ebo and the Philadelphia All-Stars gave a performance that lit up the entire room. Their beautiful performances filled the ballroom with endless laughter and joy. We would also like to extend our gratitude to videographer Heather Vail and photographer Dawn Parsons for capturing the memorable moments that our attendees had, which truly enhanced the experience. Please look for the photos and videos on CEFN's website, www.cefn.org, and they will also be emailed out in the near future.

The success of this event would not have been possible without the help of CEFN's event coordinator Alisha Willis and all of our precious volunteers and interns. The volunteers and staff of the event were actually the highest rated part of the entire event in the evaluations, and many attendees were very happy to work with our wonderful volunteers throughout the event if they had any questions. The volunteers were also able to assist with guiding the attendees to their tables at the beginning of the event, and were very helpful. We would like to extend a very heartfelt thank you to all of the volunteers during the event and we would love to work with them for future events. We were happy to receive such vibrant feedback from our attendees as well. One participant remarked that the event was "spirit lifting fun". Another attendee stated, "My first time attending. Love it. Will make it to other events".

In continuing our tradition of hosting Senior Gala Fundraisers, CEFN will be hosting our 5th Annual Senior Harvest Ball Fundraiser on Friday, October 24th, 2025. The theme of the event will be an Old School Basement Party and will take place at the Hilton Hotel on 4200 City Avenue. This event will feature live entertainment, a DJ, health and wellness vendors, giveaways, and so much more! Again, we thank you for your attendance and participation at this event. We look forward to seeing you at our upcoming fundraiser on October 24th!

Thank you for your time,

Max Haney
Event and Marketing Management Coordinator at CEFN

10TH ANNUAL SENIOR MARDI GRAS GALA HIGHLIGHTS



CEFN REQUESTS YOU SAVE THE DATE!

OLD SCHOOL BASEMENT PARTY

5TH
ANNUAL
HARVEST
BALL

**60 USD
DONATION**

ENTERTAINMENT,
RAFFLES, FOOD,
VENDORS, AND MORE.

FRIDAY, OCTOBER 24, 2025

11 AM UNTIL 3 PM

HILTON HOTEL

4200 CITY AVENUE, PHILADELPHIA, PA 19104



FOR TICKET INFORMATION, CONTACT SHERRY HILL AT 215-858-4957 OR EMAIL CEFNPHILA@GMAIL.COM